

RUMBA NORTHWEST RUEDA

November 2010

BEGINNER

From "Guapea" position (Cuban basic)	
Suena	Stomp on push step (to mark time)
Un fly	Clap (also "fly doble" – 2 claps)
Un fly completo	Clap up, clap in the middle, clap under leg
Un fly con salto	Clap with jump
Cheveria	Twist
Un secreto	Men whisper in neighbor's ear
Dame	Partner exchange
Dile que no	Lady's cross body lead (always follows dame)
Enchunfla	Lady's left inside turn WITH DAME (under arm)
Enchunfla doble	Add one turn for the lady WITH DAME (under arm)
Caminala	Circle rotates; push hands against neighbor
Con abrazo/beso	With hug/kiss to neighbor
Agachao	Bend while pushing against neighbor
Foto	Men down, take photo of lady
Dame dos/Dos	Dame to 2nd lady; optional spin in the middle
Adios	Spot turn, duck under arm to next lady
Sombrero	Cross hands, lady's right inside turn, arms over shoulders
Dame con una/dos	Dame with one clap, two claps
Ni pa ti, ni pa mi	High ten to neighbor, partner, clap in middle
Arriba	1/2 spot turn into march
Pelota	Ench + two foot stomps + two claps, next lady
Pelota dos	Ench + two foot stomps + two claps + twist/arms up, next lady
Vacila	Hands-free lady's right inside turn
Stop	Like "suena" but hold position in middle till "suena" call
From "Al Medio" or "Arriba" positions	
Abajo y al medio	Lady's twist
Exhibela	Lady's right turn into circle
Exhibela dos veces	Lady's right turn x 2
Mentira	Man's right turn
Un tarrito	Duck under to next lady
...y no la sueltas	...keep hold of previous lady's hand (repeat)
Una bulla	Shout
Principe malo/bueno	Ench + slap hand/kiss hand

INTERMEDIATE/ADVANCED

Setenta	Pretzel
Una arriba	Dame the other direction
Corto con la bola	Enchunfla, switch hands, go around next lady (hands in)
La familia	Adios + enchunfla + hook arms + next lady
Dame tres/ Tres	Dame to 3rd lady
Kentucky	Cuddle with arms at waist, then at neck, man's hook turn
Mambo	Ench + four mambo steps, next lady
Sombrero con mambo	Sombrero + four mambo steps before que no
Por las manos	All hold hands, pass ladies on 5-6-7
Mujeres/hombres	From por las manos, men and ladies alternate
Juntos	Ench. + men hug in middle, two back steps, spin into next lady
El pulpo	Ench. + men duck under next arm, keep hold, circle rotates (me voy!)
Tumba francesa	Left hand enchunfla + hand-over-hand pass, enchunfla with 4th lady
Dame con CocaCola	Inside left turn for lady

Vampiros en la Habana	Vampires: Ench + neck bite, next partner
Enchunfla moderno	Ench doble with guy's right turn, next partner
El muerto	The Dead: Enchunfla, guys put ladies arm behind neck and rotates 1 eight count
Vacilense con bum bum ba	Vacila, guys in circle, guys out of circle girls in the circle at same time then everyone does three hops back, next partner
La Cubanita	Cross hands right w/ right break ladies arm twice, guys left turn sending ladies into a right turn, finish with Dile que no
La Cruz	For 4 couples: head couples, guys switch places, other pair repeats
Conmigo y contigo	For 4, 6, 8 couples. Enchunfla, cross hands, guys hold left hand, ladies go under guys arms, guys enchunfla, ladies go under guys arms, ladies go around guys and go under guys arm, Dile que no
Enchunfla por abajo	Ench, ladies go under bridge created by guys left hands
Balsero	Double sombrero
Nueva York	Ench + clap up/out, behind back, three hop-turn, next lady
Espejuelo	Ench + cuddle + roll out + ench next partner + back to orig
Vacilense los dos	Vacila with man's turn
Enchunfla y sacala	Hands in, exhibela (dos veces = 2, tres veces = 3)
Regístrala	Lady's R turn, enchunfla with hand on shoulder, both turn, enchunfla
Damela directo	Dame, pass lady on the outside to 2nd lady (arm over lady)
Enchunfla y casate	Enchunfla + hook arms (marry her)
Chevere	Body roll
Evelin	Ench + man's right hook turn (men's hands in)
Enchunfla y grita	Ench + yell, hands in, ladies' arms out
Castigala	Enchunfla, men clap on 8
Sencillo	Lady's right turn, ench, switch hands behind back, hands in
Enchunfla con alarde	Double enchunfla with man's turn in middle
Seis	First half of setenta, duck under to next lady, dilequeno, back to orig partner
Ni pa ti, ni pa mi y dale vuelta	With turn
Yogurt	Jump forward, roll up (con la prima: with neighbor)
Paseala	Ench + pass lady behind back, hard que no
Ping pong	Yogurt to the front and back
Skippy	Ench + hands in + hops
Setenta complicado	70 start, back to back
Zig-zag	Enchunfla + weave (men weave in and out of ladies)
Flor	Girls in, guys in, moving arms in circle
Levanta	Lift
Maradona	Ench + kick/cross step, next lady
Maradona dos	Ench + jump/kick, next lady
Robocop	Ench + two robot steps to next lady
Enchunfla arriba	Ench, dame the other direction
Ench. con rumba	Ench + four rumba steps, next lady
Avion	Spot turn for three full counts
Adios con la hermana	Adios + enchunfla (hands in)
Adios y enredala	Spot turn, hands held all around, ladies in, men in, etc.
Cura	Enchunfla + men into middle in priest position
El Dos	Turkish towel (enchunfla + lady's cumbia step behind the men x 3, sombrero)